

Unit 10: PERSONALITY

Name _____

Reading Schedule: February

- 2/7: 478-490—Freud. Psychoanalytic Perspective
- 2/9: 490-503—Humanistic & Trait Perspective
- 2/13: 503-511—Social Cognitive Perspective
- 2/15: 511-518—Exploring the Self
- 2/20: UNIT 10 TEST

Vocabulary Flash Cards:

**Remember to write the term on the front of the card, and the definition, an example, and/or the significance on the reverse side. You may handwrite or type your study cards.*

_____ /44 Unit 10 terms (pg. 520) Signature _____

Examples? Y/ N Count 1 _____ Count 2 _____ Count 3 _____

Mini Essay Topics

**Remember to write at least one paragraph, answering all aspects of the question.*

***TDA—Term, Define, Apply*

_____ / 25 Unit 10 Essays (5 points each)

1. Describe Freud's view of personality structure in terms of the id, ego, and superego.
2. Discuss how defense mechanisms serve to protect the individual from anxiety.
3. Describe the humanistic perspective on personality in terms of Maslow's focus on self-actualization and Rogers' emphasis on people's potential for growth.
4. Discuss psychologists' interest in personality types, and describe research efforts to identify fundamental personality traits.
5. Describe the social-cognitive perspective, and discuss the important consequences of personal control, learned helplessness, and optimism.