

## Document A: University of Paris Medical Report (Modified)

*The passage below is an excerpt from “The Report of the Paris Medical Faculty,” issued in October 1348. In the report, medical faculty at the University of Paris describe what they believed were the origins of the bubonic plague and provide advice on how to avoid contracting the plague.*

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We, the Members of the College of Physicians of Paris, . . . intend to make known the causes of this plague.

We declare as follows: It is known that in India, and the area of the Great Sea, the constellations which combated the rays of the sun . . . **exerted** their power especially against the sea, . . . and the waters of the ocean arose in the form of vapor. The waters were in some parts so corrupted that the fish died. This vapor spread itself through the air in many places on earth. . . . On all the islands and adjoining countries to which the corrupted sea-wind extends, . . . if the inhabitants of those parts do not take the following advice we announce to them inevitable death—except if the grace of Christ preserve their lives.

Every one of you should protect himself from the air; **wormwood** and chamomile should be burnt in great quantity in the market places and in the houses. . . . Cold, moist, watery food is in general harmful. Going out at night, and even until three o’clock in the morning, is dangerous on account of the dew. . . . Fasting is injurious and so is anxiety of mind, anger, and **immoderate** drinking and bathing. . . . Everyone should remember this, but especially those who reside on the coast, or upon an island into which the poisonous wind has penetrated.

**Source:** *The Report of the Paris Medical Faculty, October 1348.*

### Vocabulary

exert: apply force

wormwood: a fragrant plant

immoderate: excessive

## Document B: Ibn al-Wardi (Modified)

*The passage below is an excerpt from Ibn al-Wardi's "An Essay on the Report of the Pestilence." Ibn al-Wardi was an Arab writer, philosopher, and historian who was alive in the Middle East during the plague. Here, he describes the effects of the plague on the city of Aleppo in Syria. In 1349, al-Wardi died from the plague.*

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The plague began in the land of darkness. China was not preserved from it. The plague infected the Indians in India, the Sind, the Persians, and the Crimea. The plague destroyed mankind in Cairo. It stilled all movement in Alexandria.

Then, the plague turned to Upper Egypt. The plague attacked Gaza, trapped Sidon, and Beirut. Next, it directed its shooting arrows to Damascus. There the plague sat like a lion on a throne and swayed with power, killing daily one thousand or more and destroying the population.

Oh God, it is acting by Your command. Lift this from us. It happens where You wish; keep the plague from us.

The plague caused the people of Aleppo the same disturbance. Oh, if you could see the nobles of Aleppo studying their books of medicine. They follow its remedies by eating dried and sour foods. The buboes which disturb men's lives are smeared with Armenian clay. Each man treated their health to make life more comfortable. They perfumed their homes with **camphor**, flowers, and **sandal**. They wore ruby rings and put onions, vinegar, and sardines together with the daily meal.

We ask God's forgiveness for our bad souls; the plague is surely part of His punishment. Some said: the air's corruption kills. I said: the love of corruption kills.

**Source:** *Ibn al-Wardi, "An Essay on the Report of the Pestilence," 1348.*

### Vocabulary

camphor: a fragrant wax

sandal: a fragrant wood

## How did people in the 14<sup>th</sup> Century understand the Black Death?

### Sourcing and Contextualization

**Doc A: Paris Medical Faculty**

**Doc B: Ibn al-Wardi**

<b>1. Who wrote this document?</b>		
<b>2. When and where was this document written?</b>		
<b>3. Why was this document written?</b>		
<b>4. Do you think people in 1348 trusted and believed these authors?</b>		

### Close Reading and Corroboration

**Doc A: Paris Medical Faculty**

**Doc B: Ibn al-Wardi**

<b>5. Where did the plague originate?</b>		
<b>6. What or who caused the plague?</b>		

