Tri-theory Personality Profile

Subject: Tasha

**Daily Routine/Interests:**

Tasha occasionally has to wake up for an early morning class or appointment but she tries not to schedule things in the morning so that she can sleep in. Sometimes she turns on music in the morning to help her get a good start but in general mornings are when she is the most depressed. Especially if she wakes up to an empty house. She is more of a night owl.

Tasha prefers to eat meals that are already prepared for her or she prepares very simple meals. If she is really busy she forgets to eat and often eats her meals at strange hours.

Tasha loves the arts. She enjoys art as an audience member and participant. She aspires to be great at the things she cares about. She wants to be the best and will not stop until she is. She realizes though that there is always more to learn… which means there is no stopping.  She loves to read, play video games, or watch movies/theatre. Anything with a story. She enjoys learning from stories and relates everything in her life to something she read in a book… or saw in a movie…. or played in a video game… kind of like Abed in Community. (She’s doing it now.)

Tasha is often torn between the wonderful feeling of productive growth and just wanting to run away and have fun.

**Childhood:**

Tasha is the youngest of three children. She has two older brothers. Because she is the baby and the only girl she is always very spoiled. Her family is not well off and does’tt spoil her monetarily, but she is always the center of attention and often gets her way. She was fairly shy as a child. Tasha was often teachers pet and loved to please authority or her parents.

**At Work:**

Tasha loves work if it is meaningful to her. She is an artist at heart, and anytime she is working on an artistic project she gives it 150%. She desires to be good at this kind of work and will do anything she can to get better. If she is working at her day job or something she dislikes, she does just enough to get by and can appear to be lazy or apathetic. If she respects her boss she becomes a teacher’s pet and will do anything to please them. If she does not respect them or finds them to be beneath her intelligence she can be rebellious or appear bored. She prefers to save her caring energy for something she believes in. She is confident in her abilities and learns fast. She loves working with people and prefers to do work in groups.

**Social life:**

Tasha is very much a social butterfly. She loves connecting with new people and at parties can seem to have social ADD. She jumps from conversation to conversation like a dog running after a bunch of squirrels. She is very outgoing and bold. If she wants to become someone’s friend she does everything in her power to create connections with that person until they have bonded. (It almost seems like they don’t have a choice in the matter.) Though she loves spending time with big groups and new people, she still prefers intimate friendships with a small select few. These few friends are like chosen family to her.  If you are part of this handful of people she will give you all the loyalty and quality time in the world. You will be her first priority. If you are not in this group she will still enjoy having fun with you but can appear a lot more flighty.
Tasha expects a lot of people. She has skewed expectations about what it means to be a good friend. She can be very needy, especially if she feels insecure in a relationship.