Unit 5: Consciousness

**Reading Schedule:**

11/8: 174-191 — Sleep and Dreams

11/10: 192-196 — Hypnosis

11/14: 197-213 — Drugs and Consciousness

11/16: Unit 5 Test

**Vocabulary Flash Cards:**

*\*Remember to write the term on the front of the card, and the definition, an example, and/or the significance on the reverse side. You may handwrite or type your study cards.*

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**Mini Essay Topics**

*\*Remember to write at least one paragraph, answering all aspects of the question.*

*\*\*TDA—Term, Define, Apply*

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1. Describe the cycle of our circadian rhythm, and identify some events that can disrupt this biological clock
2. List the stages of the sleep cycle, and explain how they differ.
3. Give arguments for and against hypnosis as an altered stated of consciousness.
4. Discuss the nature of drug dependence and addiction, and identify three common misconceptions about addiction.
5. Compare and contrast the 3 major categories of drugs.